



ALWAYS AVAILABLE MENU



BREAKFAST

CHOOSE ONE ENTRÉE

Scrambled Egg
French Toast
Pancakes

Fresh Fruit
Sausage
Dry Cereal

Oatmeal
Grits

LUNCH & DINNER

CHOOSE ONE ENTRÉE

Hamburger
Chicken or Tuna Salad
Chicken Pot Pie

Meatloaf
Herb Crusted Fish

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CHOOSE TWO SIDES

Chicken Noodle Soup
Vegetable Rice Soup
Baked Potato Soup
Mashed Potatoes

Sweet Potatoes
Mac & Cheese
Corn
Green Beans

Caesar Side Salad
Garden Side Salad
House Garden Salad



DESSERT

CHOOSE ONE

Assorted Flavors of Ice Cream
Assorted Cookies

Seasonal Fresh Fruit
Assorted Cakes

Some Items May Be Restricted Due To Your Diet Prescription.